



# Family Caregiver Support Program in Marin County

Seniors At Home  
Better Care Starts Here



The Family Caregiver Support Program (FCSP) can ease the additional burden and challenges faced by friends and family caring for a loved one.

FCSP offers family caregivers a starting place to get the assistance they need in the following areas:

- Short-term in-home and out-of-home respite
- Assessment, counseling, and care management for family caregivers
- Family caregiver support groups
- Training for family caregivers

Family caregiver refers to an adult family member, spouse, partner, adult child, other relatives, or friend who is an informal provider of in-home and community care to an older individual or to an individual of any age with Alzheimer's disease, dementia, or organic brain dysfunction.

#### Cost

This program is free for residents of Marin County. Voluntary contributions accepted.

#### Funding

*Funding for this program, at least in part, is made available by the Older Americans Act, administered locally by the Marin Department of Health and Human Services, Aging and Adult Services.*

This program is a collaboration among Seniors At Home, Alzheimer's Association, and West Marin Senior Services



alzheimer's  
association®

415-472-4340 or  
800.272.3900 • 24/7 Helpline

For more information, contact:

**Seniors At Home**

**415-449-3700**

**[www.seniorsathome.org](http://www.seniorsathome.org)**



415-663-8148

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*Thank you to the many generous donors and foundations who help subsidize care for seniors in need. Donate at [jfcs.org/give](http://jfcs.org/give).*

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