



Memory Screening

For baselines, concerns, and comparisons.

SeniorsAtHome
Better Care Starts Here



What is memory screening?

Memory screening is comprised of short activities done with a trained professional. It will not generate a diagnosis—however it may lead to thoughtful conversations about possible next steps or suggestions. The screenings are confidential sessions that typically take less than an hour.

Who should be screened?

Memory screening is a proactive step that anyone can take towards being informed about their cognitive health. Screenings are appropriate for people who are concerned about memory loss, and also for those who want to set a baseline for future comparisons.

If short term memory loss is interfering with your daily life, a memory screening is essential. It will connect you with the resources needed to support your independence.

Why screen now?

It's never too early (or too late) to make lifestyle changes that can affect your overall health. Additionally, establishing a baseline is very important for comparisons to future screenings.

Community memory screenings are a national initiative of the Alzheimer's Foundation of America. Seniors At Home is working together with our community and dedicated volunteers to bring this service to you.

ATTEND A MEMORY SCREENING IN MARIN

For information about upcoming community memory screenings, call 415-449-3777
or email info@seniorsathome.org

A Division of Jewish Family and Children's Services • San Francisco • Peninsula • Marin • Sonoma County

Thank you to the many generous donors and foundations who help subsidize care for seniors in need. Donate at jfcs.org/give.

HHA License 220000378